

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
suggested donations over 55 w cdib \$2 all others \$6	Lemon Baked Chicken Rice Pilaf Asparagus Dinner Roll Cottage Cheese Pears	Goulash Buttered Corn Garlic Bread Green Salad Carrot Cake	Roast Beef Mashed Potatoes Baby Carrots Gravy/Roll/Salad Banana Pudding	Baked Breaded Chicken Mac and Cheese Green Peas Biscuit Apple Cobbler	Tuna Salad on Leaf Lettuce/Tomato Marble Rye Bread Chips Fresh Fruit Yogurt	
8	9	10	11	12	13	14
	Chicken Fajitas w/ Bell Peppers and Onions, Tortilla Rice, Beans, Salsa, Guacamole, Sour Cream, Chips Fruit Cocktail	BBQ Pork, Sliced Bread Potato Salad Green Onions and Peppers Marinated Salad Coconut Tart	<b>Closed Osage Nation Sovereignty Day</b>	Spaghetti W/Meat Sauce California Blend Bread Stick Salad Pineapple Upside Down Cake	Cowboy Potatoes with Polish Sausage Broccoli Biscuit Fruit Blend	
15	16	17	18	19	20	21
	Pork Fritter Stewed Potatoes Mixed Veggies Sliced Bread Beet and Onion Fruit Mix	Corned Beef and Cabbage, Loaded Green Beans Dinner Roll Green Salad Lime Jello	Cheeseburgers lettuce, Tomatoes, Onion, Pickle Sweet Potato Fries Pork and Beans Red Velvet Cake	Chicken Cordon Blue Scalloped Potatoes Brussel Sprouts Gravy/Roll Salad Baked Apples	Baked Potatoes with all the toppings Bacon, Cheese, Onion, Sour Cream, Broccoli Chili and Fritos Fresh Fruit	
22	23	24	25	26	27	28
	Chicken Alfredo Tuscany Blend Garlic Bread Cottage Cheese Sld Pineapple	Chicken Sandwich Spinach/Tomato/ Onion Waffle Fries Pasta Salad Lime Jello	<b>Closed For In-Service Training</b>	Meat Gravy Fry Bread Buttered Corn Steamed Potatoes Ranch Salad Jello Cake	Chicken Salad on a Croisant Potato Salad Pork and Beans Fresh Fruit Granola	
29	30	31				
	Salisbury Steak Mashed Potatoes Carrots Roll Cottage Cheese Fruit	Chicken Strips Baked Bean Breaded Okra Biscuit Macaroni Salad Chocolate Square				