

May**PAWHUSKA OSAGE NATION ELDER NUTRITION MENU****2025**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
Suggested donations over 55 W/ CDIB \$2 all others \$6				Cheese Enchiladas Refried Beans Vegetable Blend Tostitos Salsa Ambrosia	Salad Bar Day! Ham, Turkey, Cheese and Vegetables Asst. Crackers Fresh fruit	
4	5	6	7	8	9	10
	Chicken Noodle Soup Peas and Carrots Sliced Bread Cottage Chz Salad Fruit of Choice	Fishwich Lettuce, Tomato, Pickle Spears Chip Pasta Salad Fruited Jello	Meatloaf Mashed Potatoes w/Gravy Buttered Corn Roll Green Salad Cake	Stuffed Bell Peppers Sliced Potatoes and Carrots Bread Stick Salad Coconut Tart	Ham and Cheese Toaster Sandwich Veggie Soup Granola Bar Fresh Fruit	
11	12	13	14	15	16	17
	French Dip Sub French Fries Harvard Beets Cottage Cheese Fruit of Choice	Open Faced Turkey Mashed Potatoes Mixed Veggies Sliced Bread/Gravy Green Salad Cherry Crisp	Pork Chop Broc and Rice Cass. Green Beans Gravy/Roll/Salad Lemon Pudding	Goulash Roasted Corn Garlic Bread Cucumbers and Onion Fruited Jello	Turkey and Cheese Deli Wraps Lettuce, Tomato Chips Pickle Tray Fresh Fruit	
18	19	20	21	22	23	24
	Sausage, Egg and Cheese on an English Muffin Hashbrown Marinated Salad Fruit of Choice	Grilled Polish Sausage w/Bell Pepper and Onion on a Bun Waffle Fries Cottage Cheese Fruit of Choice	Beef Roast w/ Gravy Stewed Potatoes Asparagus Roll/Salad Fruited Jello	Baked Breaded Chicken Potato Logs California Blend Gravy/Bread/Salad Rocky Road Pudding	Tuna Salad on Rye Lettuce, Tomato Wedge Pasta Salad Cookie Fresh Fruit	
25	26	27	28	29	30	31
	Closed in Observance of Memorial Day	Chicken Cordon Blue Scalloped Potatoes Mixed Veggie Dinner Roll/Gravy Salad Fruited Jello	Closed For In-Service Training	Ham Slices Sweet Potatoes Brussel Sprouts Sliced Bread Salad Baked Apples	Chicken Salad on a Croissant Lettuce and Tomatoes Chips Brownie Fresh Fruit	

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