FAIRFAX OSAGE NATION ELDER NUTRITION MENU

SUNDAY	MONDAY	TUESDAY		WEDNESDAY	•	THURSDAY	FRIDAY	SATURDAY
		1	2		3	4	5	6
suggested donations over 55 w cdib \$2 all others \$6	Steak Fingers, Rice Veggie Blend Garlic Bread Cottage Chz Salad Rosy Applesauce	Pork Carnitas Flour Tortillas Black Beans Cheesy Hominy Diced Onion/Cilantr	0	Salisbury Steak Garlic Potatoes Asparagus Sliced Bread Ranch Salad Cake		Chicken Noodle Soup Crackers Hummus Relish Tray Cookie Fruit cup	Annual Christmas Shopping Trip!	
7		8	9	10	0	11	12	13
	Cowboy Potatoes with Sliced Polish Sausage Broccoli Garlic Bread Cottage Cheese Fruit of Choice	Meat Sauce over Manicotti California Blend Bread Stick Spinach Mix Salad Rocky Road Pudding		Baked Breaded Chicken, Boiled Potatoes Brussel Sprouts Roll/Gravy/Salad Peach Cobbler		Sloppy Joes on a Bun Onion Rings Macaroni Salad Pickle Spear Ambrosia	Annual Christmas Dinner Spiral Ham Hashbrown Casserole Buttered Carrots Dinner Roll Gingerbread Cake	
14		5	16	17	7	18		20
	Chicken Fajitas Spanish Rice Refried Beans Flour Tortilla Cottage Cheese Pineapple	Tuna Salad on Croissant Lettuce, Tomato, Onion & Pickle Pasta Salad, Chips Fruited Jello		Closed For In-Service Training		Garlic and Lemon Chicken Breast Wild Rice Yellow Squash Roll Garden Salad	Baked Potato Chili, Broccoli, Fritos, Sour Cream, Cheese, and Green onion Fresh Fruit	
21	2	2	23	24	4	25	26	27
	Sausage and Egg Burrito Hashbrown Salsa/Cheese Cottage Chz Salad Fruit Mix	Beef Stew Cheese Stick Cracker Three-Bean Salad Brownie Fruit		Closed for the Christmas Holiday		Closed for the Christmas Holiday	Ham and Beans Oven Potatoes Spinach Cornbread Onions/Peppers Fruit of Choice	
28	2	9	30	33	1			
	Beef Stroganoff Peas and Carrots Sliced Bread Cottage Cheese Fruit of Choice	Black-eyed Peas W/Ham Tomatoes and Zucchini Coleslaw Cornbread		Closed for the New Year				yyyh

Dec	em	ber	•
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2025