FAIRFAX OSAGE NATION ELDER NUTRITION MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	. 5
suggested donations over 55 w cdib \$2 all others \$6		Honey Glazed Chicken Wings Mac and Cheese Coleslaw Carrot and Celery Sticks Fruit of Choice	Breaded Chicken Sandwich Onion Rings Spinach, Tomato, Onion, Pickle Spear Pineapple Rings	Pork Roast Mashed Potatoes Tuscany Blend Veg Green Salad Gravy/Roll Fruited Jello	Salad Bar Day! Ham, Turkey, Cheese, and Vegetables Asst Crackers Dressing Fresh Fruit	
6	7	8	9	10	11	. 12
	Ham and Beans Oven Potatoes Mixed Greens Cottage Ches Salad Mandarin Oranges	Chicken Strips Macaroni and Tomatoes Yellow Squash Salad, Rolls Fruited Jello	Hamburger on a Bun, Lettuce, Tomato, Onion Sweet Potato Fries Strawberry Short Cake	Spaghetti with Marinara Sauce Mediterranean Veggie Breadstick Romaine Salad Pistachio Pudding	Baked Potato Sour Cream, Cheese, Green Onions, Bacon Bits Broccoli Fresh Fruit	
13	14	15	16	17	18	19
	Cowboy Potatoes w/Polish Sausage California Blend Garlic Toast Cottage Cheese Peach Cobbler	Cabbage Rolls Sliced Potatoes Carrots Dinner Rolls, Salad Fruited Jello	Country fried Steak Garlic Mashed Potatoes Buttered Corn Gravy/Roll/Salad Pineapple Cake	Meat Gravy Fry Bread Green Beans Ranch Salad Hot Peaches	Closed for Good Friday	
20	21	22	23	24	25	26
	BBQ Baloney Baked Beans Sliced Bread Cottage Cheese Fruit Cups Cookies	Baked Breaded Chicken Scalloped Potatoes Mixed Veggies Gravy, Roll, Salad Peach Crisp	Sloppy Joe Fried Zucchini Corn Ranch Pasta Salad Mixed Berry Tart	Fish Portion Black-eyed Peas Coleslaw Salad Rosy Apple Sauce	Pork Carnitas Tortilla Black Beans Cheesy Hominy Shred Lettuce Salad Fresh Fruit	
27	28	29	30			
	Steak Fingers Wild Rice Carrots Gravy/Roll Cottage Cheese Fruit Salad	Vegetable Soup with Pasta Cheese Stick Cornbread Yellow Cake	Closed For In-Service Training			